

Need health care at home?

# Arkansas In-Home Services

A team made just for you.



**100**  
*Years*  
of Public Health  
in Arkansas

"We Put Patients First"

## Your Local Health Unit

[www.adhhomecare.org](http://www.adhhomecare.org)



## A Comprehensive Service

We understand it's important to be in the familiar, reassuring surroundings of home and to know you are receiving the best possible health care. Every patient's health condition is different. So, we work directly under physician's orders seven days a week to provide specific levels of care, each designed to meet a patient's special needs.

- **Home Health** services help people through serious health issues (often following hospitalizations).
- **Personal Care** services assist people with activities of daily living to help them remain in their own home.
- **Mother-Infant** services help new mothers and infants get a healthier start.
- **Hospice** services help the terminally ill pass through their final stage of life with as much comfort and dignity as possible.
- **Case Management** services help put all the pieces together, by locating and organizing the multitude of services often needed to help a frail person continue living at home.

## A Serious Illness?

A stroke, heart attack, cancer, surgery, diabetes, or other illness often requires hospitalization, followed by ongoing medical treatment at home. **Home Health** care aims to make the patient independent as soon as possible through specialized services.

- Nursing Care
- Physical, Speech and Occupational Therapy
- Home Health Aide Service
- Social Work
- Nutritional Consultation



## Help With Daily Activities?

Even though your loved one is ill or frail, he or she may still stay home, receiving the help they need. Whether it's for a few hours a week or several hours a day, regular help with daily activities **Personal Care** services can make the difference.

- Trained, certified Aides provide personal care and grooming; help with meals and diet; assist with bladder and bowel requirements; and assist with household chores that are related to medical needs (grocery shopping, cleaning patient area, bed linens, and other items).

## Terminally Ill?

Terminally ill patients and their families want to be home together through this difficult time. **Hospice** provides special services which make this possible:

- Nursing care at home to help manage pain and other symptoms; medication and equipment; social services and Grief Support; Spiritual Support; Physician Services; Hospice Aides help with the patient's personal care and essential household chores; and Volunteers help with anything that will make the situation a little easier.

## Pregnant?

The **Mother-Infant** service provides skilled nursing visits to mothers and their infant in the comfort of their own home. Registered Nurses visit the mother's home to teach, help bond, and answer questions for the mother and other family members, and to assess how well the new infant is developing.

## Difficulty Coordinating Services?

For older Arkansans who have difficulty with daily living activities, multiple services are often needed to continue living at home.

- A trained Case Manager (a nurse) helps you and your family identify service needs for independent living at home, helps locate and activate them, and then monitors them over time.

## Are Services Affordable?

We accept Medicare, Medicaid, Private Insurance, VA and Private Pay.

## Bring Home The Care: It's Easy

If you, or someone you know, needs at-home health care to continue living at home, call us. With us, the caring never stops. It is easy to get care started:

- Our toll free number (**1-800-527-5302**) will put you in touch with one of our nurses, who will answer any questions you have about our services and how to obtain them.
- You can call your County Health Unit.
- Or you can simply ask your doctor.



## Your Local Health Unit

As a non-profit agency of the Arkansas State Board of Health, your Local Health Unit's **Arkansas In-Home Services** has cared for people in their homes under physician's orders since 1968.

We dedicate ourselves to providing the best possible care to Arkansans through each of our 74 offices.

Certified for quality by Medicare and Medicaid, we are a stable agency dedicated to serving our neighbors. We serve all Arkansans regardless of age, gender, color, ethnicity, national origin, disability or diagnosis.