



## NUTRITION: A Piece of the Autism Puzzle Conference

Speaker: Elizabeth Strickland, MS, RD, LD

Sponsored by: Easter Seals Arkansas;  
Arkansas Autism Resource & Outreach Center (AAROC) and  
Partners for Inclusive Communities

October 18-19, 2010

Location: Crowne Plaza Little Rock; 201 S. Shackleford Road, LR, AR 72211;  
For Room reservations call: 1-866-276-6648; Group rate is \$99.00 per night



**Description:** Many children with an autism spectrum disorder have nutrition and feeding related problems, yet nutrition therapy is rarely included in the treatment process. This seminar will create an understanding of why nutrition therapy should be included in the comprehensive treatment of children with autism. Elizabeth will discuss the role of the Speech-Language Pathologist, Occupational Therapist, Physical Therapist, Teachers, and other professionals in nutritional interventions; how they can screen for nutritional problems, provide parents with basic nutritional information, and participate in an interdisciplinary approach to feeding problems. Elizabeth will present her 10-Step Nutrition Plan to help treat autism and discuss each step in detail. The seminar is designed to provide very practical, useful, and hands-on information that participants can utilize immediately.



### Speaker:

Elizabeth Strickland, MS, RD, LD is a Registered Dietitian specializing in integrative Nutrition Therapy for infants, children, and young adults with developmental disabilities, chronic illnesses, and special health care needs. Elizabeth's area of expertise includes Autism Spectrum Disorders. She has over 25 years of experience ranging from providing individual Nutrition Therapy, training professionals and parents, and coordinating Nutrition Services statewide for children with disabilities. She has presented at local, national, and international conferences of professional organizations. She is an accomplished lecturer with a professional, yet approachable style that has made her a sought out speaker for professional and parent audiences alike. Audiences appreciate both her professional expertise and personal experiences. Elizabeth is also a published author, *"Eating for Autism ... The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD"*, released April 2009.

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To Register: Please fill out and return bottom via mail to: **AAROC**  
**Attention: Conference**  
**Registration**  
**2001 Pershing Circle, Suite 300**  
**North Little Rock, AR 72114**

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Registration Fees: Early Bird Registration: Postmarked by Sept. 30, 2010

\$150.00 per person for professionals  
\$40 per person for parents  
Late Registration: (Postmarked Oct. 1 and after)  
\$180.00 per person for professionals  
\$60 per person for parents

Registration fee includes conference admission, handout materials, continuing education certificate and morning and afternoon refreshments each day of the conference.

- Check if you plan to attend the Legislative Reception/Book Signing Event (no extra cost)
- Reserve a copy of Elizabeth's book for the discounted price of \$14.00. This can be prepaid with the registration and added to your total. \_\_\_\_\_ copies @ \$14 each.

Type of registration accepted: checks/money orders payable to "AAROC" or  
Purchase Orders are welcome  
No credit cards or on-line registration  
AAROC's EIN: 26-1648690

Confirmation and Cancellation: Confirmation will be sent via email upon receipt of payment if received 10 days prior to seminar. Cancellation requests must be made in writing and postmarked no later than 10 days prior to the seminar. A \$15 per person processing fee will be deducted. No refund will be made thereafter. You may at any time designate a substitute to attend the seminar.

Information Required:

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NAME

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ADDRESS

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EMAIL

PHONE

ORGANIZATION

Parent

Professional Type of professional:

OT      PT

SLP      SW

Dietician     Nurse     Counselor     SPED Teacher     Gen Ed Teacher

Other (specify) \_\_\_\_\_