

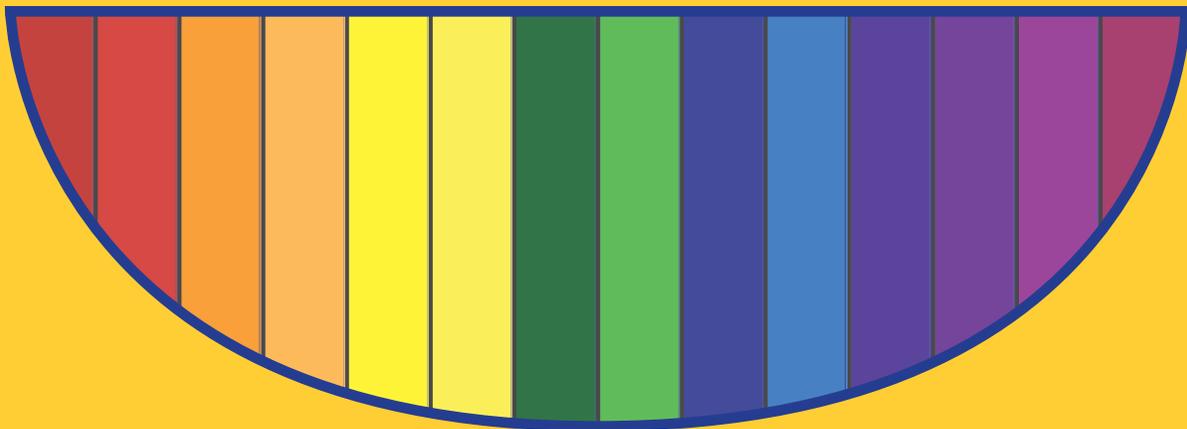
Arkansas Early Childhood Newsletter



Department of
Human Services



Division of Child
Care and Early
Childhood
Education



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Registration Information

September - October 2008

FAMILY SUPPORT UNIT

VOUCHER BILLING NOTICE

THE ARKANSAS EARLY
CHILDHOOD NEWSLETTER



The Arkansas Early
Childhood Commission
Mike Beebe, Governor
Tonya Russell, Director
Debbie Malone, Chairman

Eleanor Coleman
Bruce Cohen
Janice Dancer
Dee Cox

Jody Veit-Edrington

Richard Nugent
Barbara Gilkey
Missy Duke
Jeff Maneth
Jerry Hudlow
Mary Scott

Evelyn Bass
Brian Faulkner
Glenda Reding
Dr. Paul Human
Suellen Ward
Debbie Mays

PO Box 1437, Slot S140
Little Rock, AR 72203-4608
(501) 682-9699
Fax: (501) 682-4897
www.arkansas.gov/childcare

The Arkansas Early Childhood
Newsletter is an information
service of the Division of
Child Care and Early Childhood
Education, Department of
Human Services.



Stay Informed! Important notices are posted on the Internet Billing website to inform providers of any changes with the voucher billing system. They are located on the “Welcome” page that is displayed after logging into the system. Messages are updated regularly and are **not** archived so it is important to read all messages each time you log in.

For providers who bill by telephone, all messages are read before menu options become available in the VMX system. Please listen carefully for new information regarding billing procedures each time you bill by telephone.

Have you been to training recently? Mandatory 9800 Child Care Participant Training Classes have been ongoing since Fall 2007. If you have not been able to attend, spaces are available on the following dates: **Tuesday, September 30, 2008 or Saturday, October 25, 2008.** Classes are filled on a first come first serve basis. If you have not attended one of the prior classes, please send the registration form to the address below.

Mail to: Arkansas Department of Human Services
Division of Child Care/Family Support
P O Box 1437, Slot S/145
Little Rock, AR 72203

Fax to: (501) 683-0034

Please contact Delois Calhoun or Patricia Johnson at (800) 322-8176 if you have any questions.



Registration Form

9800 Child Care Participant Agreement/Billing Training

Name of Facility: _____

Mailing Address: _____

TIN Number: and Facility Number: _____

Telephone Number: _____

Fax Number: _____

E-mail Address: _____

Name (s) of Attendees:

_____	_____
_____	_____
_____	_____
_____	_____

Please select the training date you would like to attend. Seating will be limited on a first come first serve basis.

September 30, 2008

October 25, 2008

Mail or Fax to: Voucher Kid Care Billing Program
P O Box 1437, Slot S145
Little Rock, Arkansas 72203-1437
Telephone: 1-800-322-8176, Ext-682-8947
Fax: (501)-683-0034
Attention: Delois Calhoun or Patricia Johnson

Step-Up-for-Kids Day – September 16, 2008

FAQs



Why do a Step-Up-for-Kids Day?

Because millions of American children live in poverty...millions are alone every day after school...millions are without health insurance...millions have no early learning opportunities...millions are abused and neglected.

Because the U.S. ranks 20th in child well-being among 21 rich democracies.

Because federal spending on children is declining sharply as a percentage of the federal budget.

What is Step-Up-for-Kids Day?

This special, non-partisan, nationwide event, sponsored by the Every Child Matters Education Fund (ECMEF) and co-sponsored by many other national, state, and local organizations (such as VOICES, Prevent Child Abuse America, the Afterschool Alliance, the National Association of Social Workers) will bring thousands of people together on September 16, to show widespread public support for new investments in children and families. It will call upon the presidential candidates and all candidates for office to present their plans for investing in America's children and families. Events will take place on the steps of the state capitols. The day will begin with a national event in Washington, DC, at the National Press Club featuring renowned pediatrician Dr. T. Berry Brazelton and other respected national figures. ECMEF will use the day to win additional media coverage on children's issues just as the nation focuses its attention on the elections.

What are the desired outcomes of Step-Up-for-Kids Day?

- Raising public awareness of the needs of children and families in the U.S.
- Getting political candidates to present their plans for making new investments in children a priority.
- Getting commitments from the two presidential nominees and the media to address children's issues at the first debate between the nominees, which will take place on September 26, in Oxford, MS.
- Getting the media to pose questions about children and families when they're interviewing and/or writing about candidates.
- Making America's children a national political priority.
- Closing the investment gap that is growing ever larger when it comes to America's children.
- Encouraging non-voters to register and everyone to vote with kids' well-being in mind.

What should the event look like?

Although this is a national event, ECM is encouraging each state to come up with an event design that will work best for them.

- **Where?** When feasible, the event will be held on the steps of the capitol building.
- **Focus?** It should focus on children's needs/issues in the individual state (see www.everychildmatters.org for specific state information and data).
- **Audience/Participants?** A sizeable number of children's advocates, including service providers (early education teachers, after-school personnel, members of the medical community), parents, grandparents, and children themselves should be present at the event, as well as legislators, candidates, other public officials, and members of the media.

- **Speakers?** Speakers at the event should include some service providers and advocates, including a pediatrician, and they (or at least one of them) should be well-known enough to draw state-wide attention.
- **Action?** Participants should call upon all elected officials and candidates to make kids a top national priority and to call upon candidates to present their agendas for addressing the needs of children and families

Can there be only one event per state?

No. Some groups in larger states have already decided to do an event in the capital and in additional locations throughout the state. Some local groups also are planning to host events, especially for people who can't travel to the state capital.

What types of groups are involved?

All types of child-friendly groups have expressed interest, including:

- state affiliates or networks of the National Association for Child Care Resource and Referral Agencies
- state affiliates or networks of Prevent Child Abuse America
- state affiliates of Voices for America's Children
- state affiliates of the National Association of Social Workers
- state Head Start Associations
- after-school programs
- hospitals
- PTAs
- nurses associations
- universities
- youth groups
- United Ways
- counties, cities
- state human services departments
- interfaith organizations



What does ECM provide?

- Materials—banners, posters, palm cards, lapel stickers, rally signs, bumper stickers, flyers
- Technical assistance: conference calls, tool kits including “how-to’s,” time lines, talking points, sample event designs, etc.
- Media notification
- Mini web site on the ECM national web site which you can manage yourself or provide information for ECM staff to upload

Will we be supporting candidates on this day?

No! ECM is a 501(c)(3) **non-partisan** organization. Our “candidates” are the needs of children and families. Candidates are welcome to attend the event, but there will be no partisan discussion or electioneering. For more information, please contact State Partnership Director:

MaryLou Beaver
 Office: 603-856-8837 x 214
 Cell: 202-527-2692
 E-Mail: mlbeaver@everychildmatters.org



Child Care Licensing Helpful Information

Verify children's immunizations on-line!

The Arkansas Department of Health has an Immunization Registry available for child care directors, and we have the information!

The Arkansas Department of Health has created a registry containing immunization records for all children in the state. This registry provides listings, by facility, of immunization records for the children attending each licensed center, licensed home or registered home. The Immunization Registry will allow you to obtain verification of children's immunizations on-line without having to request the information from parents. At some point, in the near future, the registry will be the primary method used to verify immunizations.



Security measures are being implemented to insure that only persons who need to know this information have access to the registry. The Department of Health will provide you with a secure password and will provide training on how to access the registry. Training sessions are being scheduled around the state, to get signed up, let your Licensing Specialist know you are interested in attending a training session and getting a password. Your Licensing Specialist will work closely with the Department of Health to arrange local training sessions based on your requests.

Please call your local Child Care Licensing Specialist or Ratha Tracy at (501-682-8590) if you have any questions.

Changing Ownership

Are you considering becoming a Child Care Provider? Are you going to take over a business that is already in operation? Are you planning to stop being a child care provider? Do you know someone who is going to open a child care facility?

Most child care providers in Arkansas participate in one or more programs that receive funding from the Department or the Division. Our goal is to help you make a smooth transition from one owner to another. If you are going to serve voucher children, you will need to have an approved agreement on file before you can get reimbursed. If you are going to participate in the food program, you have to enroll in the program either directly with Division staff or through a sponsoring organization.

If you are considering the child care profession ask your Licensing Specialist about the various programs. They have a list of phone numbers for each program. PLEASE CALL – WE ARE HERE TO HELP!



You're invited to join us for an exciting membership year!

Northwest Arkansas Early Childhood Association

NWAECA is an affiliate of the Arkansas Early Childhood Association and Southern Regional Early Childhood Association
Open to all who care about and for young children



Center Tours: 6:30 p.m.
Program: 7:00 p.m.



September 4, 2008
Storytelling and Literacy Information
Mim and Mary, Storytellers

Location: The New School
2514 New School Place
Fayetteville, AR 72703

Directions: Take exit 66, turn right onto Garland Ave, Turn Left at AR-180, Turn Left at W. Sunbridge Dr., Turn Right at New School Place



October 2, 2008
Meet and Greet with The Division of Child Care

Location: Growing God's Kingdom
599 N. Centennial Ave
West Fork, AR72774

Directions: Take the Exit 53, Turn right toward AR-170, Turn left at AR-170, Turn left at North Centennial Ave.



November 6, 2008
Positive Play
Carrie Rye

Location: Sunshine House
2460 N. Old Wire Rd.
Fayetteville, AR 72703

Directions: From College Ave, take Township St. East until you come to the light at Old Wire Rd. Turn left onto Old Wire The 2nd house on your right.



February 5, 2009
Transitions
Natasha Crosby, Helen Walton Enrichment Center

Location: Springdale Early Childhood Center
409 North Thompson
Springdale, AR 72764

Directions: Take Exit 73, Turn Right on Elm Springs Rd., Take a right onto White Rd, Left onto Huntsville Ave, Right onto North Thompson.



March 5, 2009
Autism
Dr. Tom Smith, U of A

Location: Central Center For Children
6 East Dickson St
Fayetteville, AR 72701

Directions: Take exit 62, Left at Futrall Dr., Right at AR-16, Left at AR-45/US-71, Left at East Dickson St.



April 2, 2009
Music and Movement
Debbie and Randy Mays

Location: Ms. Linda's Preschool
2226 W. Lawson,
Fayetteville, AR 72701

Directions: Take exit 64, Turn Right on Wedington Dr., Left on Porter Rd., Turn Right on West Lawson.



For questions or directions call:
Robin Jones,
NWAECA president
479-575-5029



Room to Grow Invites Children to Learn Through Play at the Museum of Discovery



Little Rock, Ark (June 19, 2008) – Imagine a world with pirate ships, castles and dragons. That world has come alive at the Museum of Discovery’s new exhibit, Room to Grow.

Room to Grow is a 3,000 square foot permanent exhibit designed for ages 6 and under. Bright murals and interactive stations encourage children to learn through play.

Pirates Cove features a 16-foot long pirate ship complete with a cannon and kaleidoscope. Construction Zone allows children to experiment with magnets and gears while the Teaching Tree uses puppets to teach good and bad food choices. Castle Theatre encourages children to express their artistic side through karaoke. Down on the Farm is an area for ages 4 and under featuring textured carpet, mirrors and age appropriate toys.

Other areas include a fish market, lighthouse, boat dock, fitness forest and reading beach.

“The concept was to place children in a setting like a farm or a construction site, where they can learn through creative play,” said Museum of Discovery Executive Director, Nan Selz.

The Children’s Museum merged with the Museum of Discovery in 2003. The Museum faced the interesting challenge of serving not only older children and adults, but also the youngest visitors under age six. A panel of experts ranging from kindergarten teachers to exhibit specialists met to discuss the possibilities. From these brainstorm sessions, Room to Grow was conceived.

“We began planning in 2004, fundraising in 2005, but construction didn’t start until 2007,” Nan said.

Funding for Room to Grow came through grants and private donations. Stepping Stones, painted stones with “grandparent names,” are located through the exhibit and provided additional funding.

Admission for Room to Grow is included with standard Museum admission and year long Museum memberships are available.

ABOUT THE MUSEUM

Founded in 1927, the Museum of Discovery is Little Rock’s oldest museum. It remains a fixture of the River Market District in Downtown Little Rock attracting visitors of all ages. With over 25,000 square feet of hands-on, interactive exhibits, the Museum is a family destination “where you have worlds to discover.”

The Museum’s mission is to ignite a passion for science, technology and math in a dynamic, interactive environment. The Museum of Discovery is a Smithsonian Affiliate, accredited by the American Association of Museums and a member of the Association of Science and Technology Centers and the Association of Children’s Museums.

Admission is \$8.00 for adults, \$7.00 for children 1-12, \$7.00 for seniors over 65 and free for children under one. Memberships are available. Hours are 9 a.m.-5 p.m. Monday-Saturday and 1-5 p.m. Sunday. The Museum of Discovery is located at 500 President Clinton Ave., Suite 150, Little Rock, Ark. For more information, call the Museum of Discovery at (501) 396-7050 or visit www.amod.org.

CALENDAR LISTING

WHAT: Room to Grow, a new area for ages 6 and under, is now open at the Museum of Discovery

WHERE: Museum of Discovery
500 President Clinton Avenue, Suite 150
Little Rock, AR 72201

WHEN: Monday – Saturday, 9 a.m. – 5 p.m. and Sunday, 1 – 5 p.m.

ADMISSION: Admission is \$8.00 for adults, \$7.00 for children 1-12, \$7.00 for seniors over 65 and free for children under one. Memberships are available.

CONTACT INFORMATION: For more information, call the Museum of Discovery at (501) 396-7050 or log onto www.amod.org.

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For Immediate Release

For More Information, Contact:
Jennifer Forrest, Director of Marketing
(501) 396-7050 ext. 214
jforrest@amod.org



www.arced.org

**ARKANSAS COALITION FOR THE
EDUCATION OF CHILDREN WHO
ARE DEAF OR HARD OF HEARING
(ACED)**

About ACED

ACED is a group of parents, professionals, and deaf consumers who meet quarterly to discuss issues that relate to improving services and outcomes for children who are deaf or hard of hearing.

Representative Agencies

- Arkansas Children's Hospital
- Arkansas Hands and Voices
- Arkansas Headstart Collaboration
- Arkansas Rehabilitation Services
- Arkansas School for the Deaf
- Conway Public Schools
- Department of Education, Special Education
- Department of Health
- Department of Human Services
- Disability Rights Center
- Division of Behavioral Health Services
- Division of Child Care & Early Childhood Education
- PEPNet South-Outreach
- University of Arkansas at Little Rock
- University of Arkansas for Medical Sciences
- University of Arkansas Research & Training Center

ACED Mission Statement

We commit to identify and advocate for the necessary resources including funds, training for personnel, support systems for children and parents, and continued evaluation and improvement of education for children who are deaf/hard of hearing until our vision is a reality.

Thursday, September 18

- 8:00am Registration/Continental Breakfast
- 9:00am-10:30am General Session: Cheryl Johnson
- 11:00am Concurrent Sessions
- 12:00pm Lunch (provided)
- 1:00pm-5:30pm Concurrent Sessions
- 6:00pm-8:00pm Parent Dinner sponsored by
Arkansas Hands and Voices

Register Today!

- Registration fee includes continental breakfast and lunch, and morning and afternoon refreshments.
- On-Site registrants will be accepted if space is available.
- Cancellations received after September 11, 2008 will be non-refundable.

Please complete the registration form and return it with the registration fee to:

ACED
PO Box 3811
Little Rock, AR 72203
(501) 324-9522 (v/tty)
(501) 324-9599 (fax)
ATTN: Nancy Reynolds
nancyr@asd.k12.ar.us



Accommodations

A block of rooms is being held at the

Hilton Little Rock Metro Center
925 S. University, Little Rock
(501) 664-5020 or 1-800-HILTONS.

Please call the hotel directly to make reservations by August 28th, and reference ACED Coalition to get the conference rate of \$89/Single or \$99/Double.

www.littlerockmetrocenter.hilton.com

Friday, September 19

- 7:45am Continental Breakfast
- 8:15am-9:45pm General Session: John Anderson
- 10:00am-12:15pm Concurrent Sessions
- 12:15pm Lunch (provided)
- 1:00pm-3:15pm Concurrent Sessions
- 3:15pm-4:15pm Closing Session

The ACED Summit is approved by the Arkansas Department of Education to offer 12 Professional Development Credit Hours.

2008 Summit Registration Form

Name: _____ Title: _____

Employer (if applicable): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

SPECIAL ACCOMODATIONS*

Interpreter: Please circle: ASL Oral Spanish Other: _____

Vegetarian meal: _____ Other: _____

*NOTE: Please register no later than September 5th to receive special accomodations.

REGISTRATION FEES:

	Professional	Student**	Parent**
Early Bird			
One day	\$60	\$25	\$40
2 days	\$110	\$40	\$60
After 8/28			
One day	\$75	\$40	\$55
2 days	\$125	\$55	\$75

*For Parents:

I am a parent and I plan to attend the Thursday night dinner.
How many: _____

Total Amount Due: _____
Please make check or PO payable to: ACED

***A limited number of parent and student scholarships will be available. Contact Jennifer Reed at 501-280-4765 or Jennifer.Reed@arkansas.gov by Sept. 4th for information.*



Welcome to the Early Childhood Initiatives Center!

The Helen R. Walton Children's Enrichment Center (HWCEC) will break ground on the new training and resource facility in September 2008. The facility will be completed by February 2009. At HWCEC children are our first priority! Our goal is to act as a hub for sharing knowledge, resources and financial gifts through the Early Childhood Initiatives Center.

Where Early Childhood Professionals Take Initiative!



On the first floor, early childhood professionals will find a fully outfitted resource lab. Individuals will have access to an Early Childhood resource library, die cutter, laminator and computers. Equipment use is free of charge. Minimal fees will be assessed for items such as lamination. The resource center will be open daily Monday - Friday. Extended evening hours will be offered two nights per week.



The second floor will boast three (3) state of the art training rooms. The rooms allow for flexibility based on the size of the training group. Outside trainers will have free access to equipment such as an LCD projector, laptop, Smart Board, flip charts, training games and activities.

Trainings will be hosted year round by ASU certified trainers. Twenty-five percent (25%) of the trainings offered by the Early Childhood Initiatives Center will be combined with a **homework**

program. If participants choose to implement information gained from the training and submit requested documentation, they will receive materials and equipment related to the training. For example, if the training focused on math enhancements in classroom learning centers, participants will receive math equipment for the classroom. Pilots of the **homework program** were received with excitement and success. The **homework program** will begin this fall.

We are proud to announce our **First Aid/CPR training program.** The Early Childhood Initiatives Center will offer free **First Aid/CPR training** to 96 early childhood professionals in NW Arkansas. The training will be taught by Natasha Crosby, certified The American Red Cross trainer. Invitations and applications will be sent out to all licensed programs in the next two weeks. Our primary focus will be centers with minimal or no trained staff in First Aid or CPR. A maximum of 4 individuals per center will be allowed to participate in the **First Aid/CPR** pilot program. For more information, please contact Natasha Crosby at ncrosby@hwccenter.com or 479-273-3552.



We realize that financial resources are limited within the early childhood field. Our goal is focused on collaborative partnerships for the well-being of all children. Therefore, we will identify funding sources that will have a wider impact on the children in our community and throughout the state. For example, HWCEC wrote a grant which was funded by the Blue and You Foundation for a Healthier Arkansas. The grant provided a two year physical education program for more than 600 preschool children throughout NW Arkansas. This seed money allowed the partnering centers to locate on-going funding to maintain the physical education program.

This year we will introduce our **Post-Secondary Education Scholarship program.** Five to seven (5-7) NW Arkansas directors will receive a scholarship to gain a degree in early childhood. The scholarship program will only be available to directors that do not currently hold a post-secondary degree. It is a trickle down effect. The more knowledge the director has, the better equipped he or she is to train his/her staff. Training and implementation will lead to a higher quality program for children. For more information contact Michelle Stephens at mstephens@hwccenter.com or 479-273-3552.

As the Early Childhood Initiatives Center implements new programs, we will be delighted to share the news! We look forward to serving the Early Childhood Community!



Adventures... FOR Toddlers



A curriculum for children from 18 to 36 months

Adventures for Toddlers

- A curriculum that includes experiences based on the Arkansas Framework for Infant and Toddler Care - Developmental Strands and Benchmarks
- A curriculum that includes experiences for all of the developmental strands: self-concept, emotional, social, language, physical, and cognitive
- A curriculum that is flexible, allowing caregivers to choose from eight Focus Areas
- A curriculum designed for licensed and registered child care programs in Arkansas
- A curriculum that links to resources available from the Division of Child Care and Early Childhood Education
- A curriculum that is a companion piece to Adventures in Learning, a curriculum for children from 3 to 5

Adventures for Toddlers curriculum includes Toddler Topics in eight Focus Areas:

- About Me
- My Family and My Community
- My Favorite Things for Play and Learning
- Clothes We Wear
- Things that Grow
- Animals in Our World
- More Animals
- On the Go

The first Focus Area, About Me, will be posted on the Division website in early September. Other Focus Areas will be added each month.

Adventures for Toddlers – An exciting journey for toddlers and their caregivers!

Grant Writing for Child Care Facilities

2008 Fall Training Schedule

**Staff of White River Planning and Development District (WRPDD) and
CHILDREN of Northcentral Arkansas**

Module 1—Beginning: Writing successful grant requests and basic grant writing tips (includes the Enhancement Grant and other Division of Child Care and Early Childhood Education grants). *Module 1 is appropriate for Family Child Care providers and any Center staff member who may be involved in grant writing.*

Modules 2 & 3—Intermediate and Advanced Grant Writing: These sessions (combined) will include State Grant and Federal Grant applications and options, Foundations that fund various child care program needs (such as equipment, learning environments and subsidizing slots). It will also include various components of successful grant writing, such as, budgets/budget justifications, project narratives, rating criteria, match, grant search sources, and much more. *Modules 2 & 3 are appropriate for any child care facility staff member who may be interested in learning more about grant writing techniques.*

To register for one or more of these workshops, call WRPDD or CHILDREN of Northcentral Arkansas staff at 800-737-2237 or 870-793-5233. Seating is limited in some locations: please call early to register as workshops will be offered on a first-come-first-served basis.

City	Location	Date	Time
Conway Module 1	1 st Presbyterian Church Fellowship Hall 2400 Prince Street, Conway	Monday October 13, 2008	6:00—8:00 p.m.
Conway Modules 2 & 3	1 st Presbyterian Church Fellowship Hall 2400 Prince Street, Conway	Tuesday October 14, 2008	8:30 a.m.—1:00 p.m.
Springdale Module 1	Jones Center for Families 228 Memphis Room 922 East Emma	Tuesday October 21, 2008	6:00—8:00 p.m.
Springdale Modules 2 & 3	Jones Center for Families 228 Memphis Room 922 East Emma	Wednesday October 22, 2008	8:30 a.m.—1:00 p.m.
Arkadelphia Module 1	Southwest AR Technology Center Room 130 640 S. 6 th Street, Suite A	Monday October 27, 2008	6:00—8:00 p.m.
Arkadelphia Modules 2 & 3	Southwest AR Technology Center Room 130 640 S. 6 th Street, Suite A	Tuesday October 28, 2008	8:30 a.m.—1:00 p.m.



Department of Human Services
Division of Child Care and Early Childhood Education
P.O. Box 1437, Slot S140
Little Rock, AR 72203-4608

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Sending Messages of Love to Children in Their Own Language

Submitted by H. Wallace Goddard, Family Life Specialist from
the University of Arkansas Cooperative Extension Service

Each of us likes to be loved in a little different way. It is true for adults and it is true for children. Even small children have their own ways that they like to be shown love.

We love best when we customize our message of love to the child receiving it. In fact, messages of love are effective only when the child to whom we send the message feels loved, valued, supported, or cared about. To help them feel loved we must discover what is important to each child - or their love language.

We can learn the love languages of the children in our care. Knowing how to best show love does not come automatically. It takes effort. That effort will pay off with closer relationships and more understanding. Working with children can actually be more fun!

There are two love languages that seem to work with everyone. They are taking time and being understanding. Taking time means doing things together that both of you enjoy. Being understanding means listening to the feelings that are important to that child.

There are some love languages that work very differently with different children. Some children are “tell me” types. They want to be told regularly that they are loved and valued. Some children are “show me” types. They are not convinced by words, they want actions. Some children are “hug me” types. They like to be held or hugged. Most children prefer to be shown love in some combination of the three languages.

Love languages change. Even when you have discovered a child’s preferred way to be loved, your messages have to be adapted for their changing moods and their changing lives. A child who once loved getting a teddy bear may now prefer a T shirt. A child who usually likes to be told may prefer to be hugged when tired or lonely. Consider languages of love as something you never stop learning. Experiment. Try new ways of showing love to the children in your care.

Don’t think of this as extra work; think of this as smarter work. As you learn to show love to the children you care for in the way they prefer, you will feel closer and improve your relationships.

