

**Younger**

**Weekly Plan Sheet**

Week of \_\_\_\_\_ Topic #1.3 – My Senses \_\_\_\_\_ Caregiver(s) \_\_\_\_\_

**Big Ideas**

➤ **I use my senses to learn about my world.**

Changes to the Environment					
Language Materials / Books	Manipulative Exploration	Gross Motor Materials & Equipment / Blocks	Sensory Exploration	Pretend Play	Outdoor Exploration
Add: <b>container of pictures</b>	Add Texture Book, large stringing beads with textures	Add textured blocks, cubes, and bubble wrap to the floor	Add sensory bottles, sound bottles, wind chimes, scented play dough	Add large soft dolls, dress-up clothes with different textures, gloves of different textures, unbreakable full-length mirror	Go on a sensory walk, hang wind chimes and wind sock

Experiences for the Week						
Day	Books	Finger Plays, Language and Cognitive	Self, Social and Emotional	Sensory, Art, Nutrition	Movement, Music, and Gross Motor	Transition Times
<b>Monday</b>	<b>First Reading of:</b> <i>Brown Bear, Brown Bear, What Do you See?</i> – p. 3	<b>FP or Song:</b> My Eyes Can See – p. 5  <b>Storytelling:</b> <i>Brown Bear, Brown Bear, What Do You See?</i> - p. 5	By Myself – p. 7	Sensory Bottles – p. 8  Picking Up Cotton Balls – p. 11	Throwing Soft Objects – p. 13	No More Wiggles – p. 14
<b>Tuesday</b>	<b>First Reading of:</b> <i>I Went Walking</i> – p. 4	<b>FP or Song:</b> Here Are My Eyes – p. 6  Walk Your Feet – p. 7	Helping with Cleanup – p. 7	Sticky Experience – p. 9	Move Like the Animals – p. 14	Hands in Lap – p. 14
<b>Wednesday</b>	<b>Three Board Books</b> – <i>I Hear, I See, I Touch</i> - p. 2	<b>FP or Song:</b> My Hands Can Clap – p. 6  <b>Storytelling:</b> <i>I Went Walking</i> – p. 5	By Myself – p. 7	Sound Bottles – p. 10	Shake, Shake, Shake that Bottle – p. 13	No More Wiggles – p. 14
<b>Thursday</b>	<b>First Reading of:</b> <i>The Very Busy Spider</i> – p. 3	<b>FP or Song:</b> Where Is Thumbkin? – p. 6  <b>Storytelling:</b> <i>Brown Bear, Brown Bear, What Do You See?</i> – p. 5	Helping with Cleanup – p. 7	Take a Textured Walk – p. 10  Fruit Tasting – p. 12	Move Like the Animals – p. 14	Hands in Lap – p. 14
<b>Friday</b>	<b>Second Reading of:</b> <i>Brown Bear, Brown Bear, What Do You See?</i> – p. 4	<b>FP or Song:</b> Clap Your Hands – p. 6  <b>Storytelling:</b> <i>A Very Busy Spider</i> – p. 5	By Myself – p. 7	Explore a Texture Book – p. 11	Throwing Soft Objects – p. 13	No More Wiggles – p. 14