



## THE FAMILY CONNECTION

### Activity #25 “Book about Me”

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**You will need:** Photo album or scrapbook  
Photos of your child from birth  
Special items such as birth announcement and birthday cards

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#### Before you begin:

- Collect the photos and items to be included in your child’s book.

#### Try this activity!

- Talk with your child about the two of you creating a book about him.
- Involve your child in selecting the photo album or scrapbook to be used.
- Begin to develop the book with your child. Think of this as an ongoing activity that will take place over a period of time.
- Consider these suggestions as you and your child develop the book together:
  - Involve your child in creating a cover for the book. The cover can include your child’s name and a photo taken at birth or soon after.
  - Add a birth announcement or information about the date, time and place of birth, weight and height at birth, and name of parents.
  - Add photos of important events such as the first tooth, sitting up alone, crawling, walking, and the first birthday.
  - Write comments under each photo; “Jeff is crawling” and put the date.
  - Add items such as birthday cards received.
  - Add photos of other family members and family pets.
- Look at the book with your child and talk about the photos and items included.
- Suggest that your child show the book to other family members and family friends.



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#### Connect with your child’s caregiver!

- Be willing to share the book with your child’s caregiver and the other children if this is requested by the child care program.