

Younger Toddler

Weekly Plan Sheet

Week of _____ Topic #1.2 – My Body _____ Caregiver(s) _____

Big Ideas

- My body has many parts.
- I can move my body in many ways.
- I can do many things by myself and with help from others.

Changes to the Environment

Language Materials / Books	Manipulative Exploration	Gross Motor Materials & Equipment / Blocks	Sensory Exploration	Pretend Play	Outdoor Exploration
Add book: See How We have Grown , container of pictures	Add knob puzzles, large stringing beads and patterns, Picking up Cotton Balls, pegboards	Add people figures, large firm pillows, Grocery Bag blocks	Add sensory bottles, sound bottles	Add large soft dolls, dress-up clothes with large buttons and snaps, unbreakable full-length mirror, toy telephones	Go on a sensory walk

Experiences for the Week

Day	Books	Finger Plays, Language and Cognitive	Self, Social and Emotional	Sensory, Art, Nutrition	Movement, Music, and Gross Motor	Transition Times
Monday	First Reading of: <i>I Can</i> – p. 3	FP or Song: All By Myself – p. 6	By Myself – p. 7	Fingerpainting – p. 8	Throwing Soft Objects – p. 11	No More Wiggles – p. 11
Tuesday	First Reading of: <i>Hands Can</i> – p. 3	FP or Song: My Hands Can Clap – p. 5 FP or Song: Jack Be Nimble – p. 6	Helping with Cleanup – p. 8	Hand prints Mural – p. 9	Move Like the Animals – p. 11	Hands in Lap – p. 11
Wednesday	First Reading of: <i>Head, Shoulders, Knees and Toes</i> – p. 2	FP or Song: Head, Shoulders, Knees and Toes – p. 6	By Myself – p. 7	Picking Up Cotton Balls – p. 10	Throwing Soft Objects – p. 11	No More Wiggles – p. 11
Thursday	Second Reading of: <i>Hands Can</i> – p. 3	FP or Song: Where Is Thumbkin? – p. 5 Storytelling: <i>From Head to Toe</i> – p. 4	Helping with Cleanup – p. 8	Hand prints Mural – p. 9	Move Like the Animals – p. 11	Hands in Lap – p. 11
Friday	Second Reading of: <i>Head, Shoulders, Knees and Toes</i> – p. 2	FP or Song: Clap Your Hands – p. 5 FP or Song: Jack Be Nimble – p. 6	By Myself – p. 7	Fingerpainting – p. 8	Throwing Soft Objects – p. 11	No More Wiggles – p. 11