

Week of \_\_\_\_\_ Topic #1.2 – My Body \_\_\_\_\_ Caregiver(s) \_\_\_\_\_

### Big Ideas

- **My body has many parts.**
- **I can move my body in many ways.**
- **I can do many things by myself and with help from others.**

### Changes to the Environment

Language Materials / Books	Manipulative Exploration	Gross Motor Materials & Equipment / Blocks	Sensory Exploration	Pretend Play	Outdoor Exploration
Add book: <b>See How We have Grown</b> , container of pictures	Add knob puzzles, large stringing beads and patterns, Picking up Cotton Balls, pegboards	Add people figures, large firm pillows, Grocery Bag blocks	Add sensory bottles, sound bottles	Add large soft dolls, dress-up clothes with large buttons and snaps, unbreakable full-length mirror, toy telephones	Go on a sensory walk

### Experiences for the Week

Day	Books	Finger Plays, Language and Cognitive	Self, Social and Emotional	Sensory, Art, Nutrition	Movement, Music, and Gross Motor	Transition Times
<b>Monday</b>	<b>First Reading of:</b> <i>From Head to Toe</i> – p. 4	<b>FP or Song:</b> All By Myself – p. 6  <b>FP or Song:</b> I Wiggle – p. 5	By Myself – p. 7	Fingerpainting – p. 8	Throwing Soft Objects – p. 11	No More Wiggles – p. 11
<b>Tuesday</b>	<b>First Reading of:</b> <i>Hands Can</i> – p. 3	<b>FP or Song:</b> My Hands Can Clap – p. 5  <b>FP or Song:</b> Walk Your Feet – p. 6	Helping with Cleanup – p. 8	Playing with Dough – p. 10	Move Like the Animals – p. 11	Hands in Lap – p. 11
<b>Wednesday</b>	<b>First Reading of:</b> <i>Head, Shoulders, Knees and Toes</i> – p. 2	<b>FP or Song:</b> Head, Shoulders, Knees and Toes - p. 6  <b>FP or Song:</b> This Is the Way – p. 6	By Myself – p. 7	Hand prints Mural – p. 9	Throwing Soft Objects – p. 11	No More Wiggles – p. 11
<b>Thursday</b>	<b>Second Reading of:</b> <i>From Head to Toe</i> – p. 4	<b>FP or Song:</b> Where Is Thumbkin? – p. 5  <b>Storytelling:</b> <i>From Head to Toe</i> – p. 4	Helping with Cleanup – p. 8	Picking Up Cotton Balls – p. 10	Move Like the Animals – p. 11	Hands in Lap – p. 11
<b>Friday</b>	<b>Second Reading of:</b> <i>Hands Can</i> – p. 3	<b>FP or Song:</b> Clap Your Hands – p. 5 --Jack Be Nimble – p. 4  <b>Made Book:</b> <i>See How We Have Grown</i> – p. 7	By Myself – p. 7	Playing with Dough – p. 10	Throwing Soft Objects – p. 11	No More Wiggles – p. 11