

Younger

Weekly Plan Sheet

Week of _____ Topic #1.4 Feelings and Emotions _____ Caregiver(s) _____

Big Ideas

➤ **I have feelings and emotions**

Changes to the Environment					
Language Materials / Books	Manipulative Exploration	Gross Motor Materials & Equipment / Blocks	Sensory Exploration	Pretend Play	Outdoor Exploration
Add book: We Are Friends , container of pictures	Add large stringing beads, pegboards, Texture Book	Add large firm pillows, bubble wrap, small people figures and small vehicles , grocery bag blocks	Add sensory bottles, sound bottles, scented play dough, variety of textured balls	Add large soft dolls, dress-up clothes, unbreakable full-length and hand held mirrors, toy telephones	Go on a sensory walk, hang wind chimes

Experiences for the Week						
Day	Books	Finger Plays, Language Cognitive	Self, Social and Emotional	Sensory, Art, Nutrition	Movement, Music, and Gross Motor	Transition Times
Monday	First Reading of: <i>If You're Happy and You Know It</i> – p. 2	FP or Song: Little Miss Muffet – p. 4 Sally Go Round the Sun – p. 4	By Myself– p. 6	Sensory Bottles – p. 7	Throwing Soft Objects – p. 10	Come Join Me – p. 10
Tuesday	First Reading of: <i>Brown Bear, Brown Bear, What Do You See?</i> - p. 2	FP or Song: If You're Happy and You Know It – p. 5 Storytelling: Little Miss Muffet – p. 5	We Are Friends – p. 7	Explore a Texture Book – p. 8	Move Like the Animals – p. 10	Come Join Me – p. 10
Wednesday	Second Reading of: <i>If You're Happy and You Know It</i> – p. 3	FP or Song: I Love You – p. 5 Storytelling: Jack and Jill – p. 3	Helping with Clean Up – p. 6	Sound Bottles – p. 8	Throwing Soft Objects – p. 10	Come Join Me – p. 10
Thursday	Select: Mother Goose Book – p. 2	FP or Song: I Have Something in My Pocket – p. 5 Storytelling: <i>Brown Bear, Brown Bear, What Do You See?</i> – p. 3	We Are Friends – p. 7	Explore a Texture Book – p. 9	Move Like the Animals – p. 10	Come Join Me – p. 10
Friday	Second Reading of: <i>Brown Bear, Brown Bear, What Do You See?</i> – p. 2	FP or Song: Skidamarink – p. 5 Storytelling: Jack Be Nimble – p. 3	By Myself – p. 6	Fruit Tasting – p. 9	Throwing Soft Objects – p. 10	Come Join Me – p. 10