

Weekly Plan Sheet		Week of		Topic of Study I Have An Amazing Body		Teacher(s)	
Day	Group Time #1	Group Time #2	Small Group Activities		Transition Activities		Special Activities
Monday	FP: Hands on Shoulders – p. 9 Introduction: Finding out what children know about I Have an Amazing Body – p.2 FP or Song: Looby Loo – p.5	FP: Touch – p. 9 First Reading of <i>Here Are My Hands</i> – p. 3 FP or Song: All Together – p. 6	We Can Move Book – p. 11		Name It – p. 20		Sports Arms – p. 16 How Tall Am I? – p. 15
Tuesday	FP: Ten Little Fingers – p. 9 First Reading of <i>From Head to Toe</i> – p. 3 FP or Song: Body Wiggle – p. 7	FP: Animal Moves – p. 10 Second Reading of <i>Here Are My Hands</i> – p. 3 FP or Song: Where Is Thumbkin? – p. 8	A Story About Me – p. 11		Brain Sprinkles – p. 20		How Can You Move? – p. 16 My How I Have Grown!– p. 15
Wednesday	FP: Here Are My Ears – p. 10 First Reading of <i>My Hands</i> – p. 4 FP or Song: Busy Fingers – p. 8	FP: I Have Two Eyes – p. 10 Second Reading of <i>From Head to Toe</i> – p. 3 FP or Song: Open, Shut Them – p. 8	Our Hands Book – p. 12 Our Helping Hands Chart – p. 13		I Wiggle – p. 20		Circle Fun - p. 16 Finger Prints – p. 14
Thursday	FP: Me – p. 11 Second Reading of <i>My Hands</i> – p. 4 FP or Song: Head, Shoulders, Knees and Toes – p. 9	FP: I Wiggle – p. 20 Storytelling Figures: <i>From Head to Toe</i> – p. 5 FP or Song: Looby Loo – p. 5	Make A Body Book – p. 11 Parts of the Body Guessing Game – p. 13		Two Little Feet – p. 20		Beanbag Balance – p. 17 Body Parts Chart – p. 14 Simon Says – p. 13
Friday	FP: Two Little Feet – p. 20 Third Reading of <i>Here Are My Hands</i> – p. 3 FP or Song: All Together – p. 6	FP: Busy Hands – p.20 Conclusion: Finding out what children have learned about I Have an Amazing Body – p. 2 FP or Song: Body Wiggle – p. 7	Helping Hands/Hurting Hands – p. 13		Ready to Listen – p. 21		Making Fruit Salad – p. 15 What Can It Do? – p. 12

Changes to the Environment (Props, materials added to Centers)

Art	Blocks	Books	Dramatic Play / Home Living	Manipulatives	Sand / Water	Science / Discovery
Finger Painting, Hands Are for Helping Mural, Sponge Painting – p. 17	Add different sizes of blocks, pictures of children building with blocks, sign "Hands are used for building with blocks" – p. 18	Add books and pictures and a felt or magnetic board	Add full length safety mirror, plastic mixing bowls and wooden spoons, pictures of children/people using spoons to mix and stir – p. 18	Body Parts Concentration – p. 12 Finger Pick up, Picking up Objects, – p. 18 Feet and Hand Lacing Cards – p. 19	Water – Add small plastic pitchers, bowls & cups, Sign "Hands are used ..." – p. 19 Sand – Add small plastic bowls, cups, and sifter, sign "Hands are used ..." – p. 19	Body Parts Chart , Finger Prints, How Much Do I Weigh? –p. 14 How Tall Am I?, My How I Have Grown! – p. 15