

# ARKANSAS EARLY CHILDHOOD NEWSLETTER



MAY-JUNE 2008

READING GRANTS

TOM COPELAND PRESENTATION

EMERGENCY PLAN  
INFORMATION

LICENSING NOTIFICATION

AECPPS REGISTRY SYSTEM UPDATE

UA EARLY CARE  
&  
EDUCATION PROJECTS



Department of Human Services  
Division of Child Care and Early Childhood Education

AaBbCcDdEeFfGgHhIiJjKkLlMmNnOoPpQqRrSsTtUuVvWwXxYyZz



The Arkansas Early Childhood  
Commission  
Mike Beebe, Governor  
Tonya Russell, Director  
Debbie Malone, Chairman

Eleanor Coleman  
Bruce Cohen  
Janice Dancer  
Dee Cox  
Jody Veit-Edrington  
Richard Nugent  
Barbara Gilkey  
Missy Duke  
Jeff Maneth  
Jerry Hudlow  
Mary Scott  
Evelyn Bass  
Brian Faulkner  
Glenda Reding  
Dr. Paul Human  
Suellen Ward  
Debbie Mays

PO Box 1437, Slot S140  
Little Rock, AR 72203-4608  
(501) 682-9699  
Fax: (501) 682-4897  
[www.arkansas.gov/childcare](http://www.arkansas.gov/childcare)

The Arkansas Early Childhood  
Newsletter is an information  
service of the Division of  
Child Care and Early Childhood  
Education, Department of  
Human Services.



# Early Childhood Reading Grants

~Encouraging families to read together~

Reading is an essential element in a child's educational process. Reading grants are awarded to schools, libraries and nonprofit organizations, supporting programs such as weekend book clubs and after-school reading programs that foster a love of reading and encourage children, from birth to 9, to read together with their families.

## Guidelines

Target will accept grant applications between March 1 and May 31, 2008 for programs taking place between October 1, 2008 and September 30, 2009. You should receive notification about your request by September 30, 2008. Most grants average between \$1,000 and \$3,000.

**PLEASE TAKE NOTE:** As we near the application deadline of May 31 for our local store grant program, you may experience slower systems due to an increased application volume. Please allow enough time to complete and submit your online grant application prior to the application deadline.

## Apply Online

In addition to completing the application, you will need to provide a current board of director's list, a project budget, and a list of corporate and foundation donors for the current and previous years. Visit the following website to access the online application.

<http://sites.target.com/site/en/corporate/page.jsp?contentId=PRD03-003408>

### TARGET DOES NOT AWARD GRANTS TO:

- » Individuals
- » Programs located outside Target communities
- » Educational institutions for regular instructional programs
- » Religious organizations for religious purposes
- » Treatment programs such as substance or alcohol abuse
- » Athletic teams or events
- » Fundraiser or gala events
- » Advocacy or research groups
- » Capital or building construction projects
- » Endowment campaigns



©2008 Target.com. All rights reserved.

The Bullseye Design and Target are registered trademarks of Target Brands, Inc.

# Caring for the Caregiver

Submitted by H. Wallace Goddard, Family Life Specialist from the University of Arkansas Cooperative Extension Service

All the challenges of caring for children can combine to make a person tired and discouraged. They can also make a person irritable and angry. There are several areas that are important to being a good care provider, including:

- information (such as books and knowledge)
- resources (such as a crib, a safe environment, and diapers)
- a social system (such as friends and family that you can count on)
- good health (such as energy and well-being)
- a purpose (such as enjoying children and having a strong spiritual life).

**Know your strengths.** As you think about your caregiving, consider what strengths you have. Maybe you have lots of enthusiasm or creative ideas. Maybe you have good information on caring for children to share with the parents of the children in your care. It is good to know what your strengths are.

**Know your needs.** We all have needs and limitations as well as strengths. Maybe you do not have a stroller for a baby in your care and your energy has been low. Noticing those needs prepares you to do something about them.

**Get help.** All of us need help. In a job as difficult and important as care giving, most of us need lots of help. Use the strengths you have to help you deal with your needs. Maybe you can call on a local business, friends or family members to help you locate a stroller for your care center. Co-workers may be able to help you understand your health needs. Or maybe an aide can help you with your classroom so that you can get a break once in a while.

**Make time for your own growth.** In the crunch of caregiving it is easy to ignore our own needs. Make time to do things you enjoy. Maybe you can arrange for a classroom aide to watch your classroom a few minutes every day while you take a walk or sit outside. For more ideas on how to find your talents and develop them, see “Learning and growing: Using your talents” at [http://www.arfamilies.org/family\\_life/parenting/insight/human\\_development/learning\\_growing\\_talents.htm](http://www.arfamilies.org/family_life/parenting/insight/human_development/learning_growing_talents.htm)

**Be patient.** There are “seasons of imbalance” in caregiving. Beginning in infancy a child develops attachment. If they are new to your center or family daycare home, it may take the child a few weeks to develop a secure attachment to you. This can be tough on caregivers! That is why it is so important to know what your strengths are and use them well to deal with the demands of being a caregiver.

Despite all the challenges of being a caregiver, many people still choose to enter into child care and early childhood education. The reason is simple. There is nothing quite as amazing and satisfying as watching children grow and develop.

# ATTENTION PRACTITIONERS!

Searching for training hours?

See below for easy access to **FREE** trainings!

The Arkansas Early Childhood Professional Development System (AECPDS) offers a variety of trainings for people working in early child care who need professional development training hours. The trainings listed in the AECPDS Registry System are **approved** by the Division of Child Care and Early Childhood Education and **verified** by the AECPDS Registry. The best part is they are offered to you without charge.

Practitioners, are you aware of the basic/minimum training requirements for facilities in Arkansas? They are:

- » **Child Care Licensing has a basic requirement of ten (10) hours of Division of Child Care and Early Childhood Education approved professional development training annually for licensed facilities.**
- » **Quality Approved Programs have a basic requirement of fifteen (15) hours of early childhood education professional development hours annually.**
- » **ABC Program staff are required to obtain thirty (30) hours of staff development on topics pertinent to early childhood, approved by the Division of Child Care.**
- » **Membership in the AECPDS Registry requires fifteen (15) hours of registered professional development annually.**

For anyone searching for training opportunities, an easy way to find approved/verified trainings is as simple as clicking into the AECPDS Web Site! [professionalregistry@astate.edu](mailto:professionalregistry@astate.edu). And it's free!!!!!!!!!!!!

After you get to the web site simply click on "Training Opportunities". You will see a screen that lists several different ways to find trainings, for example: *By City*; *By Topic*; *By Competency Area* or you can click on a *county* or the *date and month* you wish to see where trainings are being held. If you choose *By City*, click the city of your choice. Trainings will be listed by **DATE**, find the training you want and click on the ? (question mark) on the right to get additional information about the course; then to register on-line, click on the date (IF the date is in **blue**); fill out the required information and submit. If the course date is not in blue and says "call to register" click on the ? (question mark) at right and the telephone number to register will be listed. Each choice you make to find training works the same way; you just approach it differently. You will receive confirmation of your registration.

Traveling Arkansas' Professional Pathways



A journey for those who care for and educate children, youth, and families

A New LOOK...

New DIRECTION...

and New JOURNEY...

for those who care for and educate children,  
youth, and families in Arkansas!

Traveling Arkansas' Professional Pathways (TAPP) is the new premier professional development system for professionals who care for and educate children, youth, and families in Arkansas.

Formerly known as the Arkansas Early Childhood Professional Development System (AECPDS), TAPP is a coordinated system based upon research and best practices that enables the delivery of high quality professional development opportunities through career pathways that meet the diverse needs of early childhood professionals.

In the upcoming months, a re-branding of the system, to include the launching of the new logo (see above), will continue to be implemented. TAPP will also be unveiling changes in the three main components of the system: the Registry, SPECTRUM, and Training.

4

To stay informed of the new TAPP developments, you can visit the Division of Child Care and Early Childhood Education website at <http://www.arkansas.gov/childcare/services.html> for more information. The changes that lie ahead will help each professional "TAPP" into their fullest potential in order to best serve the children, youth, and families of Arkansas.

# Tom Copeland

presents:



**Mark your Calendars for  
June 21, 2008**

**9:00 am - 3:00 pm**

**ASU Childhood Services  
615 University Loop East  
Jonesboro, AR 72401  
(870) 972-3055**

Tom Copeland, the nation's leading Family Child Care tax expert will present:

**MARKETING  
REDUCING RISKS  
RECORD KEEPING AND TAXES  
MONEY MANAGEMENT  
CONTRACTS AND POLICIES**

Books and materials will be available for purchase

To register, call (870) 972-3055 ext. 2365 or go online at <http://professionalregistry.astate.edu> and click on "Training Opportunities"

Free of charge and light lunch will be served.

# You're Never Too Old to be a "Kiddo"

Randy and Debbie Mays, a family childcare duo from Siloam Springs, have an exciting summer planned. This summer they will trade hanging out with 16 children in their home to entertaining thousands of children throughout Arkansas, Mississippi, and Oklahoma. "The Kiddos" auditioned in November for the Arkansas Arts Council. The Arts On Tour (AOT) Roster - is a listing of the state's finest solo and ensemble performers, individual artists and prepared art exhibitions available for touring within Arkansas. Non-profit agencies can apply for scholarships to help pay for an artist from the roster that they book performances with.

Randy is a seasoned musician with roots in the Mississippi Delta blues. He takes his past musical style and blends it with his love of early childhood to create an eclectic fun musical style that kids love! Most of "The Kiddos" music is written by Randy. He is the creative genius!

Debbie is a preschool teacher, mom and grandmother. Her passion for children is evident in the way her face lights up as children's voices join her on stage. Her days are packed with preschool, mentoring sites, attaining quality, serving on the Arkansas Early Childhood Commission, being president of the Northwest Arkansas Family Childcare Providers Association and serving on the "Beginnings" publication committee with the University of Arkansas.

Randy and Debbie's full time job is enjoying the way children learn through play each day in their private preschool. Bright Beginnings is an Arkansas Better Chance classroom. Each day is a new musical adventure with these kids as we sing together and learn what they respond to. We have combined our expertise in music and our daily experiences with children to design a musical program children of all ages can enjoy. This summer we are mainly touring summer reading programs at libraries. The theme for the summer is "Catch the Reading Bug". Our summer tour will be called "Stop Buggin me!" By using puppetry, storytelling and music they will weave tales about creepy crawlies and beautiful winged flying insects to delight and engage each young audience. For 50 minutes, summer readers will become buzzing bees, marching ants and inching inchworms!

For more information on "The Kiddos" or to find out when they will be in your area, you can view their calendar at [www.kiddosmusic.com](http://www.kiddosmusic.com) or call Debbie @ 479-549-3407.

# Everyone should have a plan.

The likelihood of you and your family surviving a house fire depends as much on having a working smoke detector and an exit strategy, as on a well-trained fire department. The same is true for surviving any emergency. We must have the tools and plans in place to make it on our own, at least for a period of time, no matter where we are when disaster strikes.

Some of the things you can do to prepare for the unexpected, such as making an emergency supply kit and developing a family communications plan, are the same for both a natural or man-made emergency.

Use the tools on the following pages to prepare your family for an emergency. Providers and parents may visit <http://www.fema.gov/kids/index.htm> for more information and printable materials.

**BE  
PREPARED!**



**READY KIDS**

U.S. DEPARTMENT OF HOMELAND SECURITY

## FAMILY SUPPLY LIST

### Emergency Supplies

Water, food, and clean air are important things to have if an emergency happens. Each family or individual's kit should be customized to meet specific needs, such as medications and infant formula. It should also be customized to include important family documents.



### Recommended Supplies to Include in a Basic Kit:

- Water, one gallon of water per person per day, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered radio and a NOAA Weather Radio with tone alert, and extra batteries for both
- Flashlight and extra batteries
- First Aid kit
- Whistle to signal for help
- Infant formula and diapers, if you have an infant
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Dust mask or cotton t-shirt, to help filter the air
- Plastic sheeting and duct tape to shelter-in-place
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)

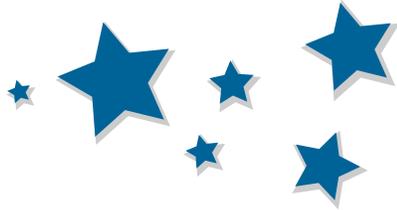
### Clothing and Bedding:

If you live in a cold weather climate, you must think about warmth. It is possible that the power will be out and you will not have heat. Rethink your clothing and bedding supplies to account for growing children and other family changes. One complete change of warm clothing and shoes per person, including:

- A jacket or coat
- Long pants
- A long sleeve shirt
- Sturdy shoes
- A hat and gloves
- A sleeping bag or warm blanket for each person



## JUST IN CASE FAMILY PLAN



Your family may not be together in an emergency, so plan how you will contact one another and review what you will do in different situations.

Out-of-State Contact Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email: \_\_\_\_\_



Fill out the following information for each family member and keep it up to date.

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Important Medical Information: \_\_\_\_\_



Where to go in an emergency. Write down where your family spends the most time: work, school and other places you frequent. Schools, daycare providers, workplaces and apartment buildings should all have site-specific emergency plans.

Home

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

Work

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

School

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

Work

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

School

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_

Places you frequent

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Evacuation Location: \_\_\_\_\_



| Important Information | Name | Telephone # |
|-----------------------|------|-------------|
| Doctor(s):            |      |             |
| Veterinarian/Kennel:  |      |             |
| Other:                |      |             |
|                       |      |             |



# JUST IN CASE FAMILY PLAN

Every family member should carry a copy of this important information:

Other Important Phone Numbers & Information:

**Family Communications Plan**

Contact Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_

Out of State Contact Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_

Neighborhood Meeting Place: \_\_\_\_\_  
Meeting Place Telephone: \_\_\_\_\_

*Dial 9-1-1 for Emergencies!*

< FOLD  
HERE >

Other Important Phone Numbers & Information:

**Family Communications Plan**

Contact Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_

Out of State Contact Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_

Neighborhood Meeting Place: \_\_\_\_\_  
Meeting Place Telephone: \_\_\_\_\_

*Dial 9-1-1 for Emergencies!*

Other Important Phone Numbers & Information:

**Family Communications Plan**

Contact Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_

Out of State Contact Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_

Neighborhood Meeting Place: \_\_\_\_\_  
Meeting Place Telephone: \_\_\_\_\_

*Dial 9-1-1 for Emergencies!*

< FOLD  
HERE >

Other Important Phone Numbers & Information:

**Family Communications Plan**

Contact Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_

Out of State Contact Name: \_\_\_\_\_  
Telephone: \_\_\_\_\_

Neighborhood Meeting Place: \_\_\_\_\_  
Meeting Place Telephone: \_\_\_\_\_

*Dial 9-1-1 for Emergencies!*



# UA Early Care & Education Projects

*Providing professional development to improve the quality of care and education for young children throughout Arkansas*

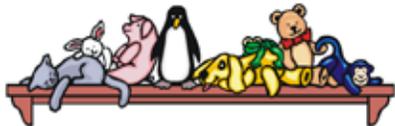
**UA Early Care & Education Projects [ECEP]** in conjunction with the Division of Child Care Early Childhood Education provides 13 state-wide training programs for early educators. The staff under the leadership of Dr. Bobbie Biggs strives to provide the most up-to-date training possible to early educators. Trainers around the state deliver courses in a variety of locations including child care centers, public schools, vocational centers, technical institutes, community colleges and other postsecondary education facilities.

**Pre-K Social-Emotional Learning [Pre-K SEL]** is the latest training program that will be delivered by Early Care & Education Projects. Pre-K SEL is 45 hours of training that will equip early educators with the skills and knowledge to create warm teacher-child relationships, proactively teach children social-emotional skills, and provide a classroom environment that supports children's appropriate behavior and prevents challenging behavior.



Dr. Patti Bokony developed the curriculum, and after two field tests and a curriculum review, it is ready for statewide delivery. There will be two Train-the-Trainer workshops, one in April and a second one in July. The training will be available to early educators in July 2008. For more information, contact Susan Slaughter.

The following contains a description of the other training courses that ECEP offers.



**Introduction to Child Care [ICC]** – Is designed to inform potential caregivers about the options and regulations involved in opening a child care center, becoming a registered or licensed family child care provider or working in a child care center. (0.3 CEU - 3 clock hours)

**Child Care Orientation Training [CCOT]** – Provides basic orientation training for child care workers and covers the following topics: Early Care and Education as a Profession, Best Practice for the Developing Child, Children's Health, Children Safety, and Guiding Children. (1.0 CEU - 10 clock hours)



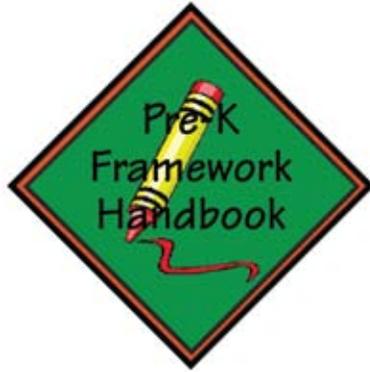
**Family Child Care Provider [FCCP]** – Is a basic orientation training for family child care providers. It is required for newly licensed and registered providers within the first six months of being licensed or registered. It is also useful for providers who would like a refresher course in the basics of family child care. (0.8 CEU - 8 clock hours)

**Caregiver Certificate [CC]** – Offers a variety of specialized professional development training. A Caregiver Certificate is awarded upon completion of all six courses. (6 courses - 9.0 CEUs total)

- Child Development: Birth to Three (1.5 CEU - 15 clock hours)
- Child Development: Three to Five (1.5 CEU - 15 clock hours)
- Child Development: Five to Eight (1.5 CEU - 15 clock hours)
- Creative Activities (1.5 CEU - 15 clock hours)
- Health & Safety (1.5 CEU - 15 clock hours)
- Guidance & Behavior Management (1.5 CEU - 15 clock hours)



**Early Care & Education [ECE]** Curriculum Endorsement (13.5 CEUs - 135 clock hours) – Consists of four classes of in-depth content and appropriate practices for three to five year olds. An ECE Curriculum Endorsement is awarded upon completion of all four classes.



**Pre-K Framework Handbook**  
[Pre-K FH] (3.0 CEUs - 30 clock hours)



**INDEX: Math and Science for Young Children**  
(3.0 CEUs - 30 clock hours)

\*Administered by ASU, also taught by ECEP



**Pre-K Social-Emotional Learning**  
[Pre-K SEL] (4.5 CEUs - 45 clock hours)



**Pre-K Early Literacy Learning in Arkansas**  
[Pre-K ELLA] (3.0 CEUs - 30 clock hours)

Schedules for upcoming courses can be found on the Registry website:

<http://professionalregistry.astate.edu/registry.asp>

**For more information contact:**

**Dr. Bobbie T. Biggs, Director**

800-632-8754 • 479-575-6637 • [bbiggs@uark.edu](mailto:bbiggs@uark.edu)

**Deniece Honeycutt, Asst. Director and Training Advisor, Pre-K ELLA**

800-632-8754 • 479-575-3294 • [dhoneyc@uark.edu](mailto:dhoneyc@uark.edu)

**Marietta Baltz, Training Advisor CCOT & FCCP**

800-632-8754 • 479-575-4289 • [mbaltz@uark.edu](mailto:mbaltz@uark.edu)

**Susan Slaughter, Training Advisor, Pre-K SEL**

800-632-8754 • 479-575-6637 • [slaught@uark.edu](mailto:slaught@uark.edu)

**NeCol Wilson, Training Advisor, INDEX, AECE Frameworks & CC**

800-632-8754 • 479-575-3763 • [dnwhite@uark.edu](mailto:dnwhite@uark.edu)

**Susan Lamp, Secretary**

800-632-8754 • 479-575-3375 • [slamp@uark.edu](mailto:slamp@uark.edu)

**Kathrine Slocum, Administrative Secretary**

800-632-8754 • 479-575-6637 • [kslocum@uark.edu](mailto:kslocum@uark.edu)

**University of Arkansas**  
114 Graduate Education Building  
Fayetteville, AR 72701  
800-632-8754 • 479-575-6637  
479-575-2511 Fax  
<http://rhrc.uark.edu/5791.htm>



**Investigating**

**Discovering**

**Exploring**

## **Math and Science for Young Children**

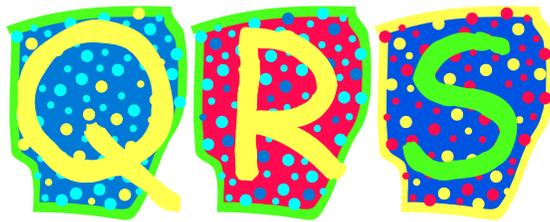
---

Probably there has been a time in all our lives when we have thought, “I wonder why that happened...?” or, “I wonder how that works...?” In fact, these are questions that are in our minds from the time we are very young throughout our entire lives! As early childhood educators, we know that young children are naturally curious about the world. Every time they climb the stairs, throw a ball, watch a bird, play with playdough, or paint at an easel young children are forming ideas in their minds about how the world works. As they experience their environment through sight, sound, touch, smell and taste they add each experience to those collections of ideas. Much of what we think of as cognitive development is actually building the process skills that help young children form and refine those ideas collected through experiences. The ability to reason, problem solve and engage in skills such as observing, comparing, classifying, predicting, measuring and estimating help young children develop the cognitive abilities that will impact school readiness and a lifetime of learning.

Investigating, Discovering and Exploring: Math and Science for Young Children (INDEX) is a 30-hour professional development opportunity available to early childhood educators in Arkansas. Throughout this workshop series, teachers and caregivers of children ages 3-5 have the opportunity to explore what building cognitive development might look like in an early childhood setting. Using early childhood math and science concepts, INDEX participants examine how children develop thinking, reasoning and other skills they can use to make sense of the world around them. Participants progress through a series of ten topics related to early childhood math and science such as using language and describing things, comparing, classifying, measuring, counting, geometry and spatial awareness, physical science and life science. Time is also spent examining long term investigations and how they can be used in an early childhood setting.

INDEX is currently being offered as a 30-hour series, typically divided into three and six hour sessions. One of the unique features of INDEX is that workshops are offered over an extended period of time to allow participants to take ideas back to their own classrooms and then reflect with the rest of their workshop group on how those ideas worked for them. Each topic contains a “take-home” activity that relates to the big ideas discussed during that session. Participants are encouraged to engage in observing their children, involve children in activities such as measuring something in the classroom, or design a small group activity based on math or science skills discussed throughout the course of the workshops. The more relaxed pace of learning allows participants to reflect and process material as they consider how the big ideas of INDEX can work in their own classroom or home-based early childhood setting.

INDEX is offered throughout the state in a variety of locations, dates and times. For a list of available training agencies offering INDEX workshops, or for more information about what INDEX can offer you, please contact Gwennette Confer at 870-972-3055 or [gconfer@astate.edu](mailto:gconfer@astate.edu), or Susan Lindblom at [susanlindblom@yahoo.com](mailto:susanlindblom@yahoo.com).



Have you heard about it yet?  
QRS stands for Quality Rating System.

This new system will replace the current Arkansas Quality Approval accreditation beginning July 1, 2009. The proposed system consists of three levels. Each level outlines indicators that recognize a program's accomplishments and the quality of services to children and families.

Want to know more? Plan to attend one of the information meetings (no training certificates will be provided). Watch for meetings in the fall at Arkadelphia, Bentonville, El Dorado, Fort Smith, Jonesboro, Lonoke, Osceola, Searcy, Russellville, Texarkana, and West Memphis. For details, go to [www.arkansas.gov/childcare](http://www.arkansas.gov/childcare).

**Conway**

July 16, 12:00-2:00 p.m.  
First United Methodist Church, Room 216  
1610 Prince Street

**Lake Village**

July 18, 12:00-2:00 p.m.  
Dept. of Human Services Conf. Rm.  
1736 Hwy 65 & 82

**Fayetteville**

August 14, 12:00-2:00 p.m.  
The New School  
2514 New School Place

**Mountain Home**

July 29, 5:30-7:30 p.m.  
Baxter County Library  
424 W. 7<sup>h</sup>

**Forrest City**

June 23, 6:00-8:00 p.m.  
First United Methodist Church  
101 South Izard

**Nashville**

June 19, 12:00-2:00 p.m.  
Cossatot UACC, Room 102  
415 North 4<sup>h</sup> Street

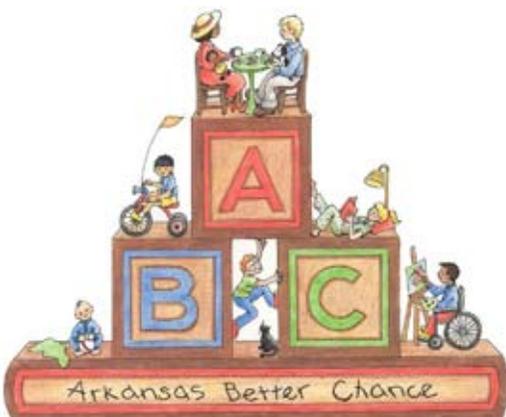
**Paragould**

June 24, 12:00-2:00 p.m.  
First United Methodist Church  
404 West Main

**Attention ABC providers:**

Beginning July 1, 2008 if you wish to obtain an Enhancement Grant or CPR / First Aid Grant you must apply through the ABC program. Applications are available on our website at

[www.arkansas.gov/childcare/abc](http://www.arkansas.gov/childcare/abc)





# Lead

U.S. Department of Housing and Urban Development • Office of Healthy Homes and Lead Hazard Control



*“Despite progress, lead poisoning remains one of the top childhood environmental health problems today.”*

*President’s Task Force on Environmental Health Risks and Safety Risks to Children*

## Did you know...

- Many homes built before 1978 have lead-based paint?
- 24 million homes in the United States have peeling or chipping lead-based paint or high levels of lead in dust?
- Infants, children under six, and pregnant women should have their blood tested for lead?
- In the United States, children from low-income families are eight times more likely to get lead poisoned?

## What is it?

Lead is a toxic metal used in a variety of products and materials. When lead is absorbed into the body, it can cause damage to the brain and other vital organs, like the kidneys, nerves, and blood. Some symptoms of lead poisoning may include headaches, stomachaches, nausea, tiredness, and irritability. Lead can also harm children without causing any obvious symptoms.

Both inside and outside the home, deteriorated lead-paint releases its lead, which then mixes with household dust and soil. Children can become lead poisoned by putting their hands or other lead-contaminated objects into their mouths, by eating paint chips found in homes with peeling or flaking lead-based paint, and from playing in lead-contaminated soil.

*continued on back*



# Lead

In homes built before 1978, treat peeling paint as a lead hazard unless proven otherwise.



## What can you do?

### 1. If your home was built before 1978:

- Mop smooth floors (using a damp mop) weekly to control dust.
- Vacuum carpets and upholstery to remove dust, preferably using a vacuum with a HEPA filter or a “higher efficiency” collection bag.
- Take off shoes when entering the house.
- Pick up loose paint chips carefully with a paper towel; wipe the surface clean with a *wet* paper towel.
- Take precautions to avoid creating lead dust when remodeling, renovating, or maintaining your home.
- Have it checked for lead hazards by a lead professional (including the soil).

### 2. For your child:

- Frequently wash your child’s hands and toys to reduce exposure.
- Use cold tap water for drinking and cooking.
- Avoid using home remedies (such as *arzacón*, *greta*, *pay-loo-ah*, or *litargirio*) and cosmetics (such as *kohl* or *alkohl*) that contain lead.
- Have your child’s blood lead level tested at age 1 and 2. Children from 3 to 6 years of age should have their blood tested, if they have not been tested before and:
  - They live in or regularly visit a house built before 1950;
  - They live in or regularly visit a house built before 1978 with on-going or recent renovations or remodeling; or
  - They have a sibling or playmate who has or did have lead poisoning.

## For more information...

Visit HUD’s website at [www.hud.gov/offices/lead](http://www.hud.gov/offices/lead) for more information about addressing health hazards in homes or to learn if HUD has a Healthy Homes program in your community. From HUD’s website, you can download a copy of “Help Yourself to A Healthy Home” for more practical steps you can take to make your home a lead-safe home.

## Other Federal Resources

U.S. Department of Housing and Urban Development,  
Office of Healthy Homes and Lead Hazard Control  
[www.hud.gov/offices/lead](http://www.hud.gov/offices/lead) or call (202) 755-1785

The National Lead Information Center  
(800) 424-LEAD (5323)  
[www.epa.gov/lead/pubs/nlic.htm](http://www.epa.gov/lead/pubs/nlic.htm)

Centers for Disease Control and Prevention (CDC)  
[www.cdc.gov/nceh/lead](http://www.cdc.gov/nceh/lead)

Environmental Protection Agency (EPA)  
[www.epa.gov/lead](http://www.epa.gov/lead)

U.S. Department of Labor,  
Occupational Safety & Health Administration  
[www.osha.gov/SLTC/lead](http://www.osha.gov/SLTC/lead)

U.S. Consumer Product Safety Commission (CSPC)  
[www.cpsc.gov](http://www.cpsc.gov) or call (800) 638-2772

Dust created by opening and closing windows is a common lead hazard.



Photo by: January E. Jones,  
Improving Kids’ Environment



Department of Human Services  
Division of Child Care and Early Childhood Education  
P.O. Box 1437, Slot S140  
Little Rock, AR 72203-4608

PRESORTED  
STANDARD  
U.S. POSTAGE  
LITTLE ROCK  
PERMIT NO. 1045

Place address label here.

## The National School Lunch Program is now online!



Effective April 1, 2008, NSLP agreements can be renewed on-line for the 2008-2009 school year.

When you participate in the National School Lunch Program and/or School Breakfast Program - you **ARE ELIGIBLE** to apply to participate in the Afterschool Snack Program.

When you participate in the Special Milk Program - you are **NOT ELIGIBLE** to apply to participate in the Afterschool Snack Program.

There will be an annual NSLP training this summer, with training dates to be announced later. The training will consist of USDA updates, the NSLP website and an introduction to on-line billing.

This training is **MANDATORY** and dates will be announced.

If you would like to view the website, the address is:  
[http://dhhs.arkansas.gov/wa\\_snp](http://dhhs.arkansas.gov/wa_snp)